

SPRING 2018 PROGRAM GUIDE



NORWELL RECREATION

345 Main Street, P.O. Box 295
Norwell, Massachusetts 02061
781-659-8046
recreation@townofnorwell.net

**PLAY WELL!
STAY WELL!**

REGISTRATION SAVE THE DATES!

ONLINE REGISTRATION for Spring 2018 programs begins at 10:00a on **WEDNESDAY 3/7/18** at www.townofnorwell.net for Norwell Residents only!

MAIL-IN, WALK-IN and NON-RESIDENT REGISTRATION begins at 10:00a on **WEDNESDAY 3/14/18** Checks or Cash are the only acceptable payment taken in the Recreation Department Office.

Many programs fill up fast! Make sure to check your existing account or set-up your new account prior to 3/7/18!

To access or set-up your online account, visit www.townofnorwell.net. Click on **RECREATION** listed under departments and follow the links.

The Recreation Department Office is located in the lower level of Town Hall at 345 Main Street. The office is staffed Monday-Thursday 9a-4p and Friday 9a-12p. Please call (781) 659-8046 or email recreation@townofnorwell.net with questions or comments! Find additional program info by visiting www.townofnorwell.net or you can "Follow" Norwell Recreation Department on Facebook and/or Instagram.

RECREATION STAFF

George Grey, Superintendent

Judy Volpe, Program Coordinator

RECREATION COMMISSION MEMBERS

Gary Shaffer, Chair

Christopher Madden

Shana Hallman

Andrea Warren

Aleta Scully

NORWELL RECREATION
P.O. BOX 295
345 MAIN STREET
NORWELL, MA 02061


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NORWELL, MA 02061

SPRING 2018 REGISTRATION POLICIES

- **ONLINE:** Online Registration for Norwell Residents, begins on Wed. 3/7/18 at 10:00am. This is the fastest, easiest, most convenient and most secure method way to register. Make sure to check your existing account or set-up your new account before registration starts, so you are ready to go! Please make sure to update email addresses and all contact information. Credit Cards are the only acceptable payment form for online registration.
- **DROP OFF, MAIL-IN & NON-RESIDENT** Registration begins on Wed. 3/14/18 at 10:00am.
- **REGISTRATION FORM / WAIVER:** Norwell Recreation **requires** that all participants complete form with any mail in / drop off registration and pay by cash or check made payable to: "Town of Norwell". **Mail payment and registration** to: Town of Norwell-Recreation, P.O. Box 295, Norwell, MA 02061. Visit our office at 345 Main St. Mon-Thu 9:00a-2:00p or "Drop Off" 24/7 using the GREY "DROP" mailbox at the front of Town Hall. *Please note: Programs may fill with online registrations!*
- **REGISTRATION DEADLINE:** Deadline is one week prior to the first meeting date *unless otherwise noted*, closed or filled. Do not wait until the last minute to register! If a program does not reach its minimum number of participants, it could be cancelled. Registrations may be accepted for programs after they have started; however the full registration fee is charged.
- **CANCELLATIONS, WITHDRAWALS & REFUNDS:** All refund requests must be in writing or via email to the Recreation Office. Full refunds will be issued if a program is full or cancelled. Participants withdrawing at least one week before the program begins (provided the minimum class participant level is reached) will be refunded minus a \$10 processing fee. Online processing fees are not refundable. No other refunds will be given, as program expenses (instructors & supplies) will have already been incurred. Cancellation notifications will be sent to those registered.
- **CONFIRMATIONS:** Online registrations receive confirmation receipt by email or by checking "my account." Other registrations confirmed if an email address is given. Otherwise, we do not send confirmations. You are enrolled upon receipt of payment & form. You will be notified if a program is full, cancelled or if there is a problem with your registration. Contact the recreation office with any questions!
- **FINANACIAL ASSISTANCE:** Consideration given upon written request no later than Wed. 2/28/18.
- **ALL ABILITIES WELCOME:** If special accommodations are needed, please submit written request no later than Wed. 2/28/18
- **INSURANCE:** Norwell Recreation does not provide medical insurance for participants. Participants are advised to have adequate personal coverage. It is required for trips and certain high risk/"extreme" activities.



SPRING 2018 NORWELL RECREATION REGISTRATION FORM
PLEASE PRINT ALL INFORMATION "ONE FORM PER PERSON"
PLEASE MAKE CHECKS PAYABLE TO: Town of Norwell RETURN
TO: Town of Norwell Recreation, P.O. Box 295, 345 Main St. Norwell, MA 02061



PARTICIPANT NAME _____ **Gender: M F**

ADDRESS _____

# Street	Town	State	Zip
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Home Phone (____) _____ **Parent's Name(s)** _____

Cell Phone 1 (____) _____ **Work Phone** (____) _____

Email address _____

AGE _____ **DATE OF BIRTH** ____/____/____ **SCHOOL GRADE ('17)** _____

EMERGENCY CONTACT If parent cannot be reached:

Name _____ **Phone** (____) _____ **Relationship** _____

Please note allergies, medications, spec. needs _____

I consent to participation in Town of Norwell recreation programs ("The Town"). I agree to forever release The Town, their employees, agents, volunteers and any and all individuals and organizations assisting or participating in programs from any and all claims, rights of action and causes of action that may have arisen in the past or future, directly or indirectly, from personal injuries to myself or property damage resulting in The Town's programs. I promise to indemnify, defend, and hold harmless the Releasees against all legal claims and proceedings that may have been asserted in the past or in the future, directly or indirectly, arising from personal injuries to myself or property damage resulting from participation in The Town's recreation programs. I further affirm that I have read and understand the contents of this form. I give permission for medical treatment to be given if necessary and grant permission for use of photographs to be taken and used in promotional material.

Signature _____ **Date:** _____

PROGRAM CODE#: _____ **PROGRAM CODE #:** _____

PROGRAM CODE#: _____ **PROGRAM CODE #:** _____

YOUTH ACTIVITIES

WEE PLAYTIME W/ CAREGIVER (0-4 YEARS)

Cooperative play session for children and caregiver. We provide equipment and toys. Caregiver is responsible for supervision and clean-up.

Town Hall Lower Level, 345 Main St. 8 weeks Max: 25

1102.210 MON, Apr 23-June 18 (No 5/28) 9:30-11a
1102.250 FRI, Apr 27-June 15 9:30-11a

FEE: \$30
per session

MUSIC FOR THE FAMILY W/CAREGIVER (0-3 YEARS)

Learn new songs, sing favorites and play instruments. Caregivers gain ideas on incorporating music with playtime.

Instructors: Nicole Craven of Sing Explore Create 5 weeks Max: 12
School Admin. Wellness Room, 322 Main St.

1127.211 MON, Apr 9-May 14 (No 4/16) 1:30-2:30p

FEE: \$85

DRUM, SING & MOVE (4-5 YEARS)

Make music and new friends! Sing songs, dance and play various musical instruments to develop basic music skills.

Instructors: Nicole Craven of Sing Explore Create 5 weeks Max: 12
School Admin. Wellness Room, 322 Main St.

1127.241 THU, Apr 5-May 24 (No 4/19, 4/26, 5/17) 1-2p

FEE: \$85

PLAYGROUP (2.9-5 YEARS) *NOT IN GRADE K

Explore, discover, build friendships & confidence. Kids play, sing, enjoy story time & make crafts! Child must be toilet trained and perform any & all bathroom duties by themselves (no pull-ups) BYO drink & nut-free snack.

Town Hall Lower Level, 345 Main St. 9 weeks Max: 18

Supervisors: Molly Folan & Brian DeLugan

1101.240 THU, Apr 5-June 7 9-11:30a (No 4/19)

FEE: \$100

KINDER ENRICHMENT (GR K ONLY)

Participants will explore authors, create journals, do science experiments and experience nature "hands-on." Play math and literacy games and build new friendships with a variety of fun activities. BYO drink & nut-free snack.

Town Hall Lower Level, 345 Main St. 8 weeks Max: 16

Instructors: Janice McGovern & Jen Weier

TUE, Apr 3-May 29 (No 4/17)

1103.221 9-11a 1103.222 1-3p

FEE: \$124

KINDERFUN & GYM (4-6 YEARS) *PRE-K & GR K ONLY

Kids learn new skills of following direction while playing! Jump on in for a fitness-inspired class of fun and organized game play, including obstacle courses, relays and ball games. Be social and get physical exercise in a supervised setting. BYO drink & nut-free snack.

Town Hall Lower Level, 345 Main St. 8 weeks Max: 20

Instructors: Janice McGovern & Jen Weier

WED, Apr 4-May 30 (No 4/18)

1103.231 9-11a No PM Session

FEE: \$124

UK ELITE PETITE SOCCER (3-6 YEARS)

Learn the basics of soccer using techniques for Pre-K and K children. Focus on building confidence, ball contact and emphasizing the ABC's of Athleticism: Agility, Balance and Coordination. Wear comfortable clothes, gym shoes and BYO water bottle. Each participant will receive a T-Shirt!

Instructor: UK Elite Soccer Staff 6 weeks Max: 16

Osborne Soccer Field (Next to School Admin. Building/Middle School)

In case of rain: Class meets at School Admin. Gym 322 Main St.

1100.221 TUE, Apr 24-May 29 10:15-11:15a

1100.222 TUE, Apr 24-May 29 12:15-1:15p

FEE: \$64



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YOUTH ACTIVITIES

UK ELITE PETITE MINI-SPORTS (3-6 YEARS)

Learn basics of a variety of sports and games while having fun and interacting with your peers. Wear comfortable clothes, gym shoes and water bottle.

Instructor: UK Elite Soccer Staff 6 weeks Max: 16

Osborne Soccer Field (Next to School Admin. Building/Middle School)

In case of rain: Class meets at School Admin. Gym 322 Main St.

THU, Apr 12-June 7 (No 4/19, 4/26, 5/17)

1100.241 10:15-11:15a

1100.242 12:15-1:15p



FEE: \$64

F.A.S.T. MINI-SPORTS (2.9-6YEARS)

Have your child's morning start with warm up games and sports with the likes of soccer, kickball and T-ball. Ease your child into learning the basics of these great games while teaching them the importance of team work! Wear comfortable clothes, gym shoes and BYO water bottle.

Instructor: F.A.S.T. Athletics Staff

FEE: \$70

SAT, Town Hall Gym, 345 Main St. 5 weeks Max: 12

1275.261 (2.9-4 years) May 5-June 9 (No 5/12) 10-10:45a

1275.262 (4-6 years) May 5-June 9 (No 5/12) 11a-12p

COLE / VINAL ACTIVITIES

Parents must send permission slip to school office for a child to stay after school! BYO drink & nut-free snack!

COLE Sports Instructor: Jim Thornton

1204.220	FLOOR HOCKEY	GR 3-5	TUE	Apr 24-May 29	FEE: \$50
1204.230	WIFFLEBALL	GR K-2	WED	Apr 25-May 30	FEE: \$50
1204.240	WIFFLEBALL	GR 3-5	THU	May 3-June 7 (No 5/17)	FEE: \$43
1204.250	GUARD THE PIN	GR K-2	FRI	Apr 27-June 1	FEE: \$50

VINAL Sports Instructor: Lee Leonard

1205.210	WIFFLEBALL	GR 3-5	MON	Apr 23-June 4 (No 5/28)	FEE: \$50
1205.220	FLOOR HOCKEY	GR 3-5	TUE	Apr 24-May 29	FEE: \$50
1205.230	FLOOR HOCKEY	GR K-2	WED	Apr 25-May 30	FEE: \$50
1205.240	BASKETBALL	GR K-2	THU	May 3-June 7 (No 5/17)	FEE: \$43

VINAL / COLE UK ELITE MULTI-SPORTS (GR K-2)

Balance of instruction and play. Sports include, but are not limited to: soccer, handball, pillow polo hockey, dodgeball, flag tag, t-ball/hit-and-run baseball

Instructors: UK Elite Soccer Staff 6 weeks Max: 24 3:20-4:30p

VINAL Gym, 102 Old Oaken Bucket Rd.

1100.250 FRI, Apr 27-Jun 1

COLE Gym, 81 High St.

1100.210 MON, Apr 23-Jun 4 (No 5/28)

FEE: \$64

COLE HANDS & CLAY (GR 2-5)

Sink your hands into cool clay and create wonderful, colorful projects including pinch pots, beads and more! Finished projects will be glazed and fired!

COLE Art Room, 81 High St. 6 weeks Max: 12

Instructor: Jeff Menice, Cole Art Teacher 3:20-4:30p

3252.210 (GR 3-5) MON, Apr 23-June 4 (No 5/28)

3252.220 (GR 2-4) TUE, Apr 24-May 29

FEE: \$50

COLE ARTS & CRAFTS (GR K-2)

Join in the fun of exploring a variety of materials and create exciting projects to take home. Materials may include paint, clay, paper, tissue paper and more.

COLE Art Room, 81 High St. 6 weeks Max: 12

Instructor: Jeff Menice, Cole Art Teacher 3:20-4:30p

3252.240 THU, Apr 12-June 7 (No 4/19, 4/26, 5/17)

FEE: \$50

COLE / VINAL ACTIVITIES

COOKING CLUB (GR K-5)

Participants prepare evening meals for their family. Meals may be fully prepared in class or to be assembled for heating. Food, safety and nutrition are topics in class. Great for picky eaters or budding "foodies." *All long hair should be tied back.* **4 weeks Max: 12 3:20-4:30p**

COLE Cafe / Kitchen, 81 High St.

Instructor: Judy Crooks & Maria Fanning

4207.203 TUE, WED, Apr 3-May 1 (No 4/17)

4207.204 WED, WED, Apr 4-May 2 (No 4/18)

FEE: \$125
per session

VINAL Cafe/Kitchen, 102 Old Oaken Bucket Rd.

Instructor: Ann Guerra & Cindy Loring

4207.201 TUE, May 1-May 22

4207.202 WED, May 2-May 23

DANCE: HIP HOP & JAZZ (GR 1-5)

Class will include both Hip Hop and Jazz dance! Each class includes warm-up, floor work and learning routines. BYO drink & nut-free snack.

Instructor: Jacqueline Blankenburg 4 weeks Max: 15 3:20-5p

COLE Music Room, 81 High St.

1228.230 WED, Mar 21-April 11

VINAL Music Room, 102 Old Oaken Bucket

1228.250 FRI, May 4-May 25

FEE: \$70

LEGO JEDI ENGINEERING (GR K-3)

The Force Awakens in this course for young Jedi's! Explore engineering principles by designing and building LEGO projects from a galaxy far, far away. Create motorized and architectural projects with imagination and engineering to defeat the Empire! BYO drink & nut-free snack

Instructor: Play-Well TEKologies Staff 6 weeks Max: 16 3:20-5p

COLE Library, 81 High St.

1225.210 MON, Apr 23-June 4 (No 5/28)

VINAL Library, 102 Old Oaken Bucket

1225.250 FRI, Apr 27-June 1

FEE: \$128

WICKED SCIENCE (GR K-5)

Instructor: Wicked Cool for Kids Staff 6 weeks Max: 16 3:20-4:30p

GROSS SCIENCE

Fascinating things in life hide many scientific secrets, like what's hidden in a diaper. Classify some creepy crawlies and neutralize smelly scents. Make some model mucus, create alien slime and dissect owl puke! Guaranteed to be grossly amusing!

COLE Art Room, 81 High St.

1221.250 FRI, Apr 27-June 1



FEE: \$122

DESIGN & BUILD

Create, design, build and invent: it's engineering in action! Be an inventor. Execute a water filter design, engineer a path with math to move a marble down a run, build your own balance toy, create a creature that will sink and float, and construct a craft stick catapult. Sure to challenge all.

VINAL Art Room, 102 Old Oaken Bucket

1221.210 MON, Apr 23-June 4 (No 5/28)

FEE: \$122

CHESS WIZARDS (GR K-5)

Students will learn game play, strategies and sportsmanship. Participants will be divided into groups based on knowledge of game.

Town Hall Lower Level, 345 Main St. 5 weeks Max: 20 4-5p

Instructor: Boston Chess Wizards

1217.230 WED, Apr 25-May 23

FEE: \$90

SPRING INSTRUCTIONAL GOLF (5-15 YEARS)

@ HARMON GOLF CLUB

Players of all skill levels will enjoy learning or refreshing their skills through professional training. Get golf ready for 2018! Loaner equipment is available. Rain Date is Thursday 5/31.

The Harmon Club, 168 Concord St. 5 days Max: 10

Instructor: Rock Jr. Golf PGA Professionals

TUE/THU, May 15-May 29

4238.201 4-5p (5-9 years) *Check-in @ 3:45p

4238.202 5:15-6:15p (10-15 years) *Check-in @ 5:00p



FEE: \$140

MIDDLE SCHOOL ACTIVITIES

MIDDLE SCHOOL COOKING W/CHEF ABBY (GR 6-8)

NEW LOCATION!

Each week students will cook seasonal food ingredients. Learn kitchen skills See www.townofnorwell.net website for food itinerary. BYO drink & nut-free snack. BYO containers if there are any leftovers.

Instructor: Chef Abby Gray 4 classes Max: 12 3-5pm

Chef Abby's Kitchen Studio, 156 Norwell Avenue

4207.230 WED, May 2-May 30 (No 5/9)

FEE: \$125

MIDDLE SCHOOL FIELD HOCKEY: OUTDOOR (GR 6-8)

Participants will enjoy this fun way to learn and/or improve skills before the outdoor season. Good prep for high school! Wear sneakers. BYO Stick, ball, mouth guard, shin guards, water bottle, Some equipment available to borrow.

Osborne Field, 306 Main St. 4 weeks Max: 36

Instructor: Jen Schad, NHS Field Hockey Coach

1233.230 WED, May 16-June 6 3-4p

FEE: \$32

MIDDLE SCHOOL EARLY RELEASE TRIP (GR 6-8)

TREE TOP ADVENTURES (CANTON)

REGISTRATION DEADLINE: MAY 10

Includes 3 hours of challenge and excitement on ropes courses, transportation and supervision. BYO lunch/drinks to eat in cafeteria before departure. Participants may bring additional money for snacks! Parents must complete and return "REC" Registration Form AND Tree Top Adventures waiver to REC office, even if registering online.

Supervisor: Norwell Rec Staff

Meet in NMS Cafeteria at 11am

Max: 45

4288.241 THU, May 17 11a-4p

FEE: \$50



BABYSITTER SAFETY TRAINING (GR 7-10)

EARLY RELEASE DAY APRIL 26!

Parents feel more secure and more likely to hire someone who has taken this training. Boys and girls who are trained in Babysitter Safety will have more confidence in dealing with the challenges that they may face while caring for children. BYO drink & nut-free snack. Assignment will be sent via email to complete before class begins.

Instructor: South Shore Safety Educators

Town Hall Lower Level, 345 Main St.

Max: 24

5202.240 THU, Apr 26 12-3p

FEE: \$48

GIRLS SAFETY & SELF-DEFENSE (GR 6-8)

Girls will talk, move, and think about safety and self-defense as it relates to their everyday life in this very interactive class. Class will cover street smarts, physical and verbal self-defense and assertiveness. Wear comfortable clothes and socks please (No shoes allowed).

Norwell Grange Hall (upstairs), 142 Main St. Max: 16

Instructor: Norwell Karate Staff

5202.260 SAT, Apr 28 1:30-4p

FEE: \$38

YOUTH VOLLEYBALL (GR 6-8)

BUMP, SET, SPIKE! All levels, learn or hone your skills of this fast paced game through a variety of drills and games. BYO water bottle!

Instructor: Carolyn Nolan Doran

Middle School Gym, 328 Main St.

5 weeks Max: 30

1282.220 TUE, Apr 24-May 29 (No 5/8) 5:30-7p

FEE: \$40

APRIL VACATION

VACATION JUNIOR GOLF (5-15 YEARS)

Players of all skill levels will enjoy learning or refreshing their skills through professional training. Get golf ready for 2018! Loaner equipment is available. Rain Date is Friday 4/20.

The Harmon Club, 168 Concord St. 3 days Max: 10

Instructor: Rock Jr. Golf PGA Professionals

TUE-THU, Apr 17-Apr 19

4238.221 9-10:30a (5-9 years) *Check-in @ 8:50a

4238.222 10:45a-12:15p (10-15 years) *Check-in @10:40a

FEE: \$125

FAMILY ACTIVITY Page

SAVE THE DATE: MAY 12!

FISHING DERBY @ JACOBS POND

All ages are invited to participate in the annual Catch & Release Fishing Derby. Free bait will be provided from Belsan's as long as it lasts! BYO rod, tackle, and bucket. Age 15 and up must obtain a fishing license. Event is free for participants up to age 17-**PLEASE BRING CANNED GOOD FOR FOOD PANTRY**. Anglers ages 18 pay a nominal \$3.00 participation fee. Event will be held rain or shine and promises fun and prizes. Pre-Registration is NOT REQUIRED! Motorized boats are not allowed!

SAT, May 12 6:30-10:30a

Meet at Little League Field Entrance on Route 123

Prizes and Awards announced at 10:30a!

Contact the Recreation Office for more information!



ADULT ACTIVITIES

FITNESS/WELLNESS ACTIVITIES (16 YEARS & UP)

Participants should bring towel/mat and 2-3lb weights for beginners or 3-8lb weights if experienced

Norwell Recreation offers a variety of fun fitness/wellness classes! Improve your strength, stamina, flexibility, coordination & relaxation. BYO Yoga Mat.

School Admin Wellness Room and/or Gym, 322 Main St.

CODE	PROGRAM	WITH	DAY/DATE	TIME	FEE
2417.211	YOGA SCULPT W / WEIGHTS	KERRY	MON Apr 23-June 11 (No 5/28) 7 Weeks	9-10a	\$58
2417.210	YOGA	LAURIE	MON Apr 30-June 11 (No 5/28) 6 Weeks	7-8:15p	\$50
2417.220	YOGA	SUSAN	TUE Apr 24-June 12 8 Weeks	8:45-10a	\$67
2416.230	MUSCLE W / WEIGHTS	SUSAN	WED Apr 25-June 13 8 Weeks	9-10a	\$67
2419.230	CORE FUSION W / WEIGHTS	SUSAN	WED Apr 25-June 13 8 Weeks	10-11a	\$67
2417.230	YOGA	LAURIE	WED Apr 11-June 13 (No 4/18 & 4/25) 8 Weeks	7-8:15p	\$67
2417.250	YIN/YANG YOGA	RENA	FRI Apr 27-June 8 (No 5/25) 6 Weeks	9:30- 10:30a	\$50



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ADULT ACTIVITIES

NEW YORK CITY DAY TRIP (ALL AGES)

REGISTRATION DEADLINE APRIL 26 @ 12p

Enjoy a day exploring a day that you plan in the "Big Apple"! Deluxe motorcoach transportation included. Participants arrive in NYC at 10:30am and depart at 7pm. (stop in CT on way down and back) Participants under 18 MUST be accompanied by an adult 21 or over.

Departs from Town Hall, 345 Main St. Max: 50
4718.260 SAT, May 19 6a-12a midnight (ALL DAY)

FEE: \$62

AMERICA'S BOATING COURSE (12 YEARS & UP)

Fundamentals of safe boat handling, state/federal regulations, "rules of the road" and aids to navigation. Participants must attend ALL classes and pass exam to meet requirements for operation of powered vehicles and licensing. Book is included in fee. *Choose only one session.*

Middle School Library, 328 Main St. 2 weeks Max: 20
Instructor: Satuit Flotilla, US Coast Guard Auxiliary

5405.211 MON & THU, Apr 2-Apr 12 7-9p
5405.212 MON & THU, May 14-May 24 7-9p

FEE: \$55

COMMUNITY CPR/AED/FIRST AID (13 YEARS & UP)

Participants will receive training and certification in American Heart Association Adult, Child & Infant CPR, AED and First Aid usage. This class is a community based class and not a healthcare provider class.

Middle School Library, 328 Main St. Max: 16
Instructor: George Doucette, Norwell FD

5410.220 TUE, May 22 6-9:30p

FEE: \$40

PAINTING WORKSHOP (16 YEARS & UP)

If you love art, you will love painting this peaceful, sunrise landscape of white birch trees in the Spring! All experience levels are welcome! Some materials including 11 x 15 canvas are supplied. Please BYO basic acrylic paint set and 2-3 brushes.

Instructor: Barbara Wilson
Town Hall Lower Level, 345 Main St. 4 weeks Max: 10
3413.240 THU, May 3-May 31 (No 5/17) 12:30-2p

FEE: \$54

ADULT PICKLEBALL: OUTDOORS (21 YEARS & UP)

Ready to be a "PINE STREET PICKLAH!" All participants must be registered with Norwell Recreation with signed waiver to participate. Registered participants will have access to Pickleball equipment (nets, balls, paddles) to be picked up at Council on Aging and set-up at newly lined courts at Centennial Park on Pine St. Pickleball is easy to learn, fun to play, and provides plenty of exercise. You do not have to be strong, quick, athletic or good at other sports. This game is about shot placement and accuracy. Participants will self-manage doubles matches during their session.

Centennial Park (Pine St.) 8 weeks Max: 36
1457.200 M/W/F, Apr 23-June 15 pick up equipment after 9am

FEE: \$25

(No 5/28)

return equipment before 1pm

ADULT COED REC SOCCER (30 YEARS & UP)

Get a World Cup workout on Norwell's Clipper Complex turf field. New teams will be picked each week. Participants must bring shin guards, light and dark T-shirt and water bottle. Program meets rain or shine. All participants must be registered to participate.

CCC Multi-Purpose Field, 18 South St. 8 weeks Max: 40
2475.230 WED, Apr 25-June 13 8-9:30p

FEE: \$40

CONTACT THE RECREATION DEPARTMENT AT
781 659-8046 OR Recreation@Townofnorwell.net
WITH ANY QUESTIONS OR IF YOU FORGET YOUR ONLINE
REGISTRATION USERNAME / PASSWORD

SUMMER 2018 RECREATION JOB APPLICATIONS MUST BE ON FILE
BY APRIL 23! APPLICANT MUST BE AT LEAST 16! EMPLOYMENT
APPLICATIONS ARE AVAILABLE AT WWW.TOWNOFNORWELL.NET.